Dona Filipa Hotel

Adult Padel Holiday

Day	Morning	Afternoon	Evening
Friday, 1 October 2027 - Arrival and Art of the Approach	**Arrival:** Fly into Faro Airport (FAO). Dona Filipa Hotel is approximately 30 minutes from the airport. We recommend choosing a flight that lands before 14:00 so you have time to reach the hotel before the welcome meeting.	**15:00 - Check-in -** Check in at Dona Filipa Hotel. If you have booked an Active Away transfer, you will be met at the airport by your host or transfer partner and collected accordingly. If you are making your own way to the hotel, please tell your host your expected arrival time. **15:30-16:00 - Welcome Meeting -** Meet your hosts, coaches and fellow players at the Vale do Lobo Padel Club before the first session. **16:00-18:30 - Padel Coaching - Art of the Approach -** Build confidence moving forward, choosing the right approach and taking control of the net.	**20:00 - Dinner - Sandbanks Restaurant -** Join the group for dinner beside the beach. Dinner and drinks are not included and are paid locally; allow approximately EUR 30 per person.
Saturday, 2 October 2027 - Match Play and Masterclass	**08:00-09:30 - Breakfast - Kamal Restaurant -** Breakfast is included. Please allow enough time to be ready for the morning padel session. **09:00-12:00 - Padel Match Play - Net Ninjas vs Lob Lords -** Put the first session's learning into practice through structured, competitive match play.	**13:00 - Lunch - The Academy Restaurant -** Join the group for an organised lunch overlooking the courts. Lunch and drinks are not included and are paid locally; allow approximately EUR 20 per person. **Afternoon at Leisure**	**19:45 - Meet - Hotel Lobby Bar -** Meet the group before leaving for dinner. **20:00 - Dinner - Spikes Restaurant -** Join the group for dinner at Vale do Lobo Golf Club. Dinner and drinks are not included and are paid locally; allow approximately EUR 35 per person.

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Day	Morning	Afternoon	Evening
Sunday, 3 October 2027 - Attackers Advantage and First Three Shots	**07:00-08:30 - Breakfast - Kamal Restaurant -** Breakfast is included. Please allow enough time to be ready for the morning padel session. **10:00-12:00 - Padel Coaching - The Attackers Advantage -** Work on creating pressure, recognising attacking opportunities and finishing points with purpose.	**13:00 - Lunch - The Academy Restaurant -** Join the group for an organised lunch overlooking the courts. Lunch and drinks are not included and are paid locally; allow approximately EUR 20 per person. **16:00-18:00 - Padel Coaching - A Masterclass -** Develop your use of the glass and learn how to turn difficult defensive positions into attacking opportunities.	**19:45 - Meet - Hotel Reception -** Meet the group before dinner. **20:00 - Dinner - Kamal Restaurant -** Join the group for dinner at the hotel. Dinner and drinks are not included and are paid locally; allow approximately EUR 40 per person.
Monday, 4 October 2027 - Active Away Cup and Departure	**07:30-08:30 - Breakfast - Kamal Restaurant -** Breakfast is included. Please allow enough time to be ready at the padel courts by 09:00. **09:00-10:30 - Active Away Cup -** Finish the holiday with a friendly tournament and put the weekend's learning into competitive play. **10:30-11:00 - Presentation -** Celebrate the holiday's padel and the Active Away Cup with your coaches and fellow players.	**12:00 - Check-out and departure -** Check out of the hotel. We recommend choosing a departing flight after 15:00. If you have booked an Active Away transfer, your host will confirm your collection arrangements. If you are making your own way to the airport, please tell your host your departure plans.	**Departure:** Faro Airport is approximately 30 minutes from the hotel. Please allow enough time for your journey and the airline's recommended airport check-in procedures.