

Friday, 9 July 2027

Time	Topic
15:00	Welcome - Meet your Active Away hosts and the rest of the group at Hove Beach Park. We will introduce the weekend and help everyone get ready for the first session.
15:30 - 16:30	Tennis - Start with one hour of coaching on the outdoor hard tennis courts, following the Jamie Murray tennis programme.
16:30 - 18:30	Padel - Move onto the outdoor artificial-grass padel courts for two hours of coaching from the Louie Harris padel programme.
18:30	Padel Finishes - Friday's coaching finishes, leaving time to freshen up before the evening.
19:30	Optional Group Dinner - Meet the group for an optional dinner. The restaurant will be confirmed for your departure. All food and drink are paid locally and are not included.

Saturday, 10 July 2027

Time	Topic
08:45	Welcome - Meet the group for a quick welcome before the morning tennis session.
09:00 - 11:00	Tennis - Enjoy a two-hour doubles-focused session, developing positioning, teamwork, strategy and match play through the Jamie Murray tennis programme.
11:00 - 15:00	Lunch & Free Time - Take lunch at your leisure. Babble is located inside Hove Beach Park's Outdoor Sports Hub, and there are other cafes along the seafront. Food and drinks are paid locally.
15:00 - 17:00	Padel - Build on Friday's foundations with two more hours from the Louie Harris padel programme, including tactics and competitive games.
19:30	Optional Group Dinner - Regroup for an optional dinner at The Ginger Pig, subject to availability. Active Away will organise the reservation; all food and drink are paid locally.

Sunday, 11 July 2027

Time	Topic
08:45	Welcome - Meet the group at Hove Beach Park and get ready for the final morning.
09:00 - 10:30	Tennis - Begin the final morning with 90 minutes of coaching on the outdoor hard tennis courts.
10:30 - 12:00	Padel - Move directly into 90 minutes of coaching on the outdoor artificial-grass padel courts.
12:00	Weekend Finishes - We will wrap up the coaching weekend and say goodbye to the group.