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UNIQUE RACKET EXPERIENCES



SELF-RATING GUIDES





## SELF-RATING GUIDE

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We want every Active Away experience to be exceptional. Providing your tennis ability as accurately as possible allows us to plan accordingly and make sure you are challenged appropriately.

- TENNIS SELF-RATING GUIDE
- PADEL SELF-RATING GUIDE
- PICKLEBALL SELF-RATING GUIDE



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# TENNIS SELF-RATING GUIDE

GRADING	COMPETITION	GROUNDSTROKES	NET PLAY	SERVE/RETURN	MATCHPLAY	TECHNICAL	TACTICAL	ATTENDANCE
<b>1</b> ADVANCED	Coach/County or Above	Groundstrokes are solid on both wings, direction and power is used when needed	Competent with movement at the net, volleys/smashes controlled	Both serves can be directed and have spin, returns put pressure on your opponents	Confident in matchplay and competes regularly.	Use topspin and slice on every shot, service spin/flat/top/slice has been developed to use in matches.	Is comfortable with all tactical intentions in both singles and doubles	Please Contact Us before booking an event.
<b>2</b>	Club Team	Very steady strokes with a dominant shot that can be used to hurt the opponent	Can finish a point using various options including drop volley, angle volley, punch volley.	First serve can win points outright. Return breaks the tramlines consistently.	Competes regularly, but if they are playing against a Grade 1 the score would be 6-1.	Repeatable shape on all shots, but may struggle to get in position to execute every time.	Very astute tactically with own game, however may not be fully aware of opponent or game situation.	Yes, please go ahead with your booking online.
<b>3</b>	Club Team	Can use a variety of spins. Beginning to develop a dominant shot or good steadiness	Can poach on weak returns of serve. Able to put away easy overheads.	Aggressive first serve with power and spin. On second serve frequently hits with placement.	Regularly plays matchplay to a club level. If they playing a grade 2 the score would be 6-2 or 6-3.	Has the ability to use different spins, but doesn't always execute effectively.	Player is starting to become more proactive on the court, looking to win points as opposed to just 'get it in.'	Yes, please go ahead with your booking online.
<b>4</b>	Club Team	Able to develop points with some consistency by using a reliable combination of shots	Becoming confident at net play; can direct volleys but without much power.	Can vary the speed and direction of the first serve. Return is solid and can change direction easily.	Has just started playing team tennis in lower divisions. If playing a Grade 3 the score would be 6-2 or 6-3.	Lacks the ability to use various spins. Predominately hits the ball with one spin.	Player is starting to become more tactically aware, especially on court position.	Yes, please go ahead with your booking online.
<b>5</b>	Social Only	Able to move the opponent around the court or hit harder when receiving easier balls.	Very consistent on forehand volley with easy balls, inconsistent on backhand volley.	Second serve much slower than first serve. Returns go in but lack quality direction.	Plays social tennis at their club, is aware of basic tactics. Looking or starting to play team tennis.	Struggles to play with topspin, mainly hits the ball flat. Is starting to understand different spins.	Has some ability to aim shots and move opponent.	Yes, please go ahead with your booking online.
<b>6</b>	No Competition	Can get the ball in play but lacks control. Often chooses to hit forehands instead of backhands.	Becoming at ease at the net in practice but uncomfortable in a game situation	Uses a push motion on the second serve (not a full motion) and has an inconsistent return.	Not played competitive tennis, has had friendly games of doubles at the club. Feels apprehensive about competition.	Has no ability to play any other shot that something is flat.	Players is extremely reactive and mainly focuses on 'getting the ball in.'	Yes, please go ahead with your booking online.
<b>7</b> BEGINNER	No Competition	Can hold a very limited rally.	Has limited to no ability at the net.	Often double faults or struggles to generate any power on their serve.	Has never played matchplay.	Beginning to develop technique.	Plays without awareness of using tennis tactics.	Please Contact Us before booking an event.

# PADEL SELF-RATING GUIDE

GRADING	COMPETITION	ATTENDANCE
1 BEGINNER	This player has no experience and is just starting to play.	Please Contact Us before booking an event.
2	This player is consistent at a low pace.	Yes, please go ahead with your booking online.
3	This player is consistent at a medium pace, however shots lack direction.	Yes, please go ahead with your booking online.
4	This player is building confidence and is consistent at a medium pace.	Yes, please go ahead with your booking online.
5	This player has control and pace. Previous racquet skills generally fall into this category.	Yes, please go ahead with your booking online.
6	This player is resourceful - executing winners and the ability to force errors.	Yes, please go ahead with your booking online.
7 ADVANCED	This player has experience competing at a tournament level.	Please Contact Us before booking an event.

# PICKLEBALL SELF-RATING GUIDE

GRADING	COMPETITION	ATTENDANCE
1 BEGINNER	Has never played before	Please Contact Us before booking an event.
2	This player has limited experience. Can sustain a short rally with players of equal ability. Basic ability to keep score.	Yes, please go ahead with your booking online.
3	Ability to hit a medium paced shots. Lacks directional intent and consistency.	Yes, please go ahead with your booking online.
4	Improved stroke development with moderate level of shot control.	Yes, please go ahead with your booking online.
5	Consistently hits with depth and control. Is still perfecting shot selection and timing.	Yes, please go ahead with your booking online.
6	High level of consistency. Uses pace and depth to generate opponents' error or set up next shot.	Yes, please go ahead with your booking online.
7 ADVANCED	Competes in tournaments	Please Contact Us before booking an event.



# CONTACT US

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