ADULT PADEL HOLIDAY ITINERARY

GLASS MASTERCLASS

09:00 - 10:30 → Padel Play - Mini end of padel break 'American

10:30 - 10:45 → Presentation - End of padel holiday presentation.

Doubles' style competition.



SUN

WELCOME TO YOUR ACTIVE AWAY HOSTED PADEL HOLIDAY! Welcome to the best Padel destination in Europe. Join us for a truly authentic Spanish Padel experience in Valencia at the Oliva Nova Beach & Golf Resort.



Departure → Please select an afternoon flight so you can have a final morning Padel session!

Airport Transfer → We can organise an Airport Transfer for you from Valencia or Alicante or alternatively you can make your own way from

7x Padel Courts



B&B Board Basis



50 Minutes from Valencia and 90 Minutes from Alicante



1x Pool & 1x Beach

	MORNING	AFTERNOON	NIGHT
THU	 Arrival → Please select a morning flight so you arrive ready to play padel on the first day. Airport Transfer → We can organise an Airport Transfer for you from Valencia or Alicante Airport or alternatively you can make your own way from the Airport to the Hotel. 	 17:00 - 17:30 → Welcome Meeting - Meet the group and your coaching team. 17:30 - 19:00 → Padel Tennis Coaching - Befriending the Back glass - Learn how to defend off the back glass and then turn the tables! 	20:30 → Dinner - For the first evening, we will keep things nice and simple by dining in the hotel restaurant (el Olivo) as we appreciate you may have had an early start!
FRI	 08:00 - 09:00 → Breakfast - Join the group in the Pergola Restaurant to start the day well! 09:30 - 12:00 → Padel Tennis Coaching - Getting On the Glass's good side - Learning how to manage the side glass and the Cage. 	 12:30 - 13:00 → Lunch - Enjoy lunch at the Golf Club. 13:30 - 16:30 → Relax - Enjoy the facilities of the hotel for the afternoon! 16:30 - 18:00 → Padel Match Play - Speeds vs Extremes. 	20:00 → Dinner - Join the group at the authentic Italian Restaurant, Don Giacomo.
SAT	 08:00 - 09:00 → Breakfast - Join the group in the Pergola Restaurant to start the day well! 09:30 - 12:00 → Padel Coaching - Attack From the Glass - How to use the glass as your third partner. 	 12:30 - 13:00 → Lunch - Enjoy lunch at the Golf Club. 13:30 - 16:30 → Relax - Enjoy the facilities of the hotel for the afternoon! 16:30 - 18:00 → Padel Tennis Coaching - The 2 most important shots in Padel - Using the glass on your return. 	 20:00 → Dinner - Join the group at the Wine & Tapas Restaurant This will be a set menu. 21:30 → Drinks - Optional drinks in the local town of Dénia (additional cost for taxi and drinks)
	07:30 - 08:45 → Breakfast - Join the group for breakfast in the Pergola Restaurant.	Check Out → The check out time for Oliva Nova is 12:00.	

the Hotel to the Airport.