

THE LENSBURY

	MORNING	AFTERNOON	EVENING
SATURDAY	Arrival - If you've booked an Airport Transfer as part of the camp - the Active Away team will be there to collect you If you've not booked an Airport Transfer then please arrive between 14:00 - 18:00.		18:30 > Welcome Meeting - At The Lensbury 19:00 > Dinner - At The Lensbury
SUNDAY	08:00 - 09:00 > Breakfast - Join the coaches and attendees for breakfast at the hotel 09:30 - 12:00 > Tennis - Stroke Development	12:00 - 13:30 > Lunch - At The Lensbury 13:30 - 14:30 > English Language Lessons* or Workshops 14:30 - 17:00 > Tennis - Let's get moving	18:30 > Dinner - At The Lensbury 19:30 - 20:30 > Activity - Quiz Night
MONDAY	08:00 - 09:00 > Breakfast - Join the coaches and attendees for breakfast at the hotel 09:30 - 12:00 > Tennis - Move and Compete	12:00 - 13:30 > Lunch - At The Lensbury 13:30 - 14:30 > English Language Lessons* or Fitness 14:30 - 17:00 > Tennis - Net Mastery	18:30 > Dinner - At The Lensbury 19:30 - 20:30 > Activity - Swimming or Park Games
TUESDAY	08:00 - 09:00 > Breakfast - Join the coaches and attendees for breakfast at the hotel 09:30 - 12:00 > Tennis - The first 3 shots	12:00 - 13:30 > Lunch - At The Lensbury 13:30 - 14:30 > English Language Lessons* or Workshops 14:30 - 17:00 > Tennis - Doubles Drills	18:30 > Dinner - At The Lensbury 19:30 - 20:30 > Activity - Swimming or Park Games
WEDNESDAY	08:00 - 09:00 > Breakfast - Join the coaches and attendees for breakfast at the hotel 09:30 - 12:00 > Tennis - Turning the point around	12:00 - 13:30 > Lunch - At The Lensbury 13:30 - 14:30 > English Language Lessons* or Fitness 14:30 - 17:00 > Tennis - Conditioned points	18:00 > Dinner - At The Lensbury 19:00 - 20:00 > Activity - Canoeing
THURSDAY	08:00 - 09:00 > Breakfast - Join the coaches and attendees for breakfast at the hotel 09:30 - 12:00 > Tennis - Pressurised basket drills	12:00 - 13:30 > Lunch - At The Lensbury 13:30 - 14:30 > English Language Lessons* or Relax 14:30 - 17:00 > Tennis - Coach Challenge	18:30 > Dinner - At The Lensbury 19:30 - 20:30 > Activity - Football in the Park
FRIDAY	08:00 - 09:00 > Breakfast - Join the coaches and attendees for breakfast at the hotel 09:30 - 11:30 > Tennis - Fun Team Competition - Bullseye Battle. 11:30 - 13:00 > Tennis - Fun Team Competition - Doubles Play	13:00 - 14:30 > Lunch - At The Lensbury 14:30 - 17:00 > Tennis - Fun Team Competition -Singles & Doubles Play 17:00 - 17:30 > Tennis - Coach Exhibition Match 17:30 - 18:00 > Presentation	18:30 > Dinner - At The Lensbury 19:30 - 20:30 > Activity - Coach Challenge
SATURDAY	08:00 - 09:00 > Breakfast - Join the coaches and attendees for breakfast at the hotel	Departure - If you've booked a Transfer as part of your package, the Active Away team will organise your transfer If you've not booked a Transfer then please collect before 11:00am. Optional** - London day trip for those staying on or those that wish to join in.	

^{*5} Hours of English language lessons available at an extra charge for international students.

**An optional London day trip (extra charge) available to all attendees. Compulsory for those doing more than 1 week.