

THE LENSBURY RESORT



WELCOME TO YOUR ACTIVE AWAY UK TENNIS BREAK!

Enjoy 22.5hrs of Coaching, Doubles Play & an end of week Active Away Cup Tournament curated by Jamie Murray MBE. We hope you have a fantastic holiday with us & you will be well looked after by our Team.



| | MORNING | AFTERNOON | EVENING |
|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| FRIDAY | | 14:15 > Arrival - Park in the complimentary car park (max 250 cars - first come first served). 14:30 - 15:00 > Welcome Meeting - In the Club House Bar. 15:00 - 16:00 > Check In - Check in for your room at The Lensbury 16:00 - 17:00 > Tennis Coaching - Baseline Brilliance: The Power of Precision (Grass Courts) 17:00 - 18:00 > Tennis Coaching - Dynamic Doubles: - The Planned Poach (Grass Courts) 18:00 - 19:00 > Tennis Play - Doubles Social: Tactical Tie Breaks: Implementing Strategies for Success (Artificial Grass) | 20:00 > Meet - In the Club Bar 20:30 > Dinner - Join the Group at the Club House Restaurant |
| SATURDAY | 07:30 - 08:45 > Breakfast - Join the Group at the Club House Restaurant 09:00 - 09:30 > Tennis Masterclass - Team Harmony: Building Successful Partnerships 09:30 - 11:30 > Tennis Play - Doubles Social: Consistent Communication - Doubles Discovery (Artificial Grass) | 11:00 - 16:00 > At Leisure - Explore London, book a Pickleball court or enjoy the resort facilities. 17:00 - 19:00 > Tennis Coaching - Net Mastery: Owning the Net (Grass Courts) | 20:00 > Meet - In the Club Bar 20:30 > Dinner - Join the Group at The Anglers, Teddington (short walk). |
| SUNDAY | 07:30 - 08:45 > Breakfast - Join the Group at the Club House Restaurant 09:00 - 10:30 > Tennis Coaching - Dynamic Doubles: Strategies for Success Transitions (Artificial Grass) 10:30 - 12:30 > Tennis Play - Bullseye Battle (Grass Courts) 12:30 - 13:00 > Presentation | Check Out & Depart | |



