



WELCOME TO YOUR ACTIVE AWAY TENNIS CLINIC!  
Our aim is to make you a more skilled & self-assured doubles player, through a programme designed by Jamie Murray OBE.



TIME	TOPIC
11:15am	Arrive and Meet the Group.
11:30 - 11:40	Physical Warm Up → Get your heart rate up and meet the other players.
11:40 - 11:45	Split into Groups → No more than 1 coach to 6 players per court. Groups will be rotated and you will have opportunities to play both up and down.
11:45 - 12:05	New Session for 2026 - Coming soon!
12:05 - 12:30	New Session for 2026 - Coming soon!
12:30 - 13:15	New Session for 2026 - Coming soon!
13:15 - 13:25	New Session for 2026 - Coming soon!
13:25 - 14:00	New Session for 2026 - Coming soon!
14:00 - 15:00	Lunch Break → Lunch is available in the on-site Café. There is a selection of hot and cold food/drinks.* (at an additional cost)
15:00 - 15:50	New Session for 2026 - Coming soon!
15:50 - 16:25	New Session for 2026 - Coming soon!
16:25 - 17:00	New Session for 2026 - Coming soon!
17:00 - 17:30	Matchplay → Now it's time to put it all into practice.

