



WEEKEND TENNIS CLINIC ITINERARY - DAY 1

WELCOME TO YOUR ACTIVE AWAY TENNIS CLINIC!

Our aim is to make you a more skilled & self-assured doubles player, through a programme designed by Jamie Murray OBE.



TIME	TOPIC
10:45am	Arrive and Meet the Group.
11:00 - 11:10	Physical Warm Up → Get your heart rate up and meet the other players.
11:10 - 11:15	Split into Groups → No more than 1 coach to 6 players per court. Groups will be rotated and you will have opportunities to play both up and down.
11:15 - 11:35	New Session for 2026 - Coming soon!
11:35 - 12:25	New Session for 2026 - Coming soon!
12:25 - 12:40	New Session for 2026 - Coming soon!
12:45 - 13:30	New Session for 2026 - Coming soon!
13:30 - 14:30	Lunch Break → Lunch is available in the on-site Café. There is a selection of hot and cold food/drinks.* (at an additional cost)
14:30 - 14:40	New Session for 2026 - Coming soon!
14:45 - 15:20	New Session for 2026 - Coming soon!
15:20 - 15:55	New Session for 2026 - Coming soon!
15:55 - 16:30	New Session for 2026 - Coming soon!
16:30 - 17:00	Matchplay → Now it's time to put it all into practice.





