



DAVID LLOYD BRISTOL (Long Ashton)

WEEKEND TENNIS CLINIC ITINERARY - DAY 1



WELCOME TO YOUR ACTIVE AWAY TENNIS CLINIC!
Our aim is to make you a more skilled & self-assured doubles player, through a programme designed by Jamie Murray OBE.



TIME	TOPIC
11:45am	Arrive and Meet the Group.
12:00 - 12:10	Physical Warm Up → Get your heart rate up and meet the other players.
12:10 - 12:15	Split into Groups → No more than 1 coach to 6 players per court. Groups will be rotated and you will have opportunities to play both up and down.
12:15 - 12:35	New Session for 2026 - Coming soon!
12:35 - 13:25	New Session for 2026 - Coming soon!
13:25 - 13:40	New Session for 2026 - Coming soon!
13:45 - 14:30	New Session for 2026 - Coming soon!
14:30 - 15:30	Lunch Break → Lunch is available in the on-site Café. There is a selection of hot and cold food/drinks.* <i>(at an additional cost)</i>
15:30 - 15:40	New Session for 2026 - Coming soon!
15:45 - 16:20	New Session for 2026 - Coming soon!
16:20 - 16:55	New Session for 2026 - Coming soon!
16:55 - 17:30	New Session for 2026 - Coming soon!
17:30 - 18:00	Matchplay → Now it's time to put it all into practice.



Parking Available on Site



Shower & Changing Rooms Available



Cafe on Site